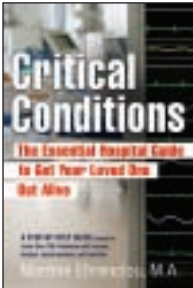


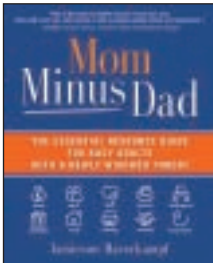
1 CRITICAL CONDITIONS
The Essential Hospital Guide To Get Your Loved One Out Alive



by Martine Ehrenclou, MA. This multiple award winning health book of the year is a valuable guide to surviving a hospital stay. Given the frightening number of preventable hospital deaths caused by medical errors, keep yourself or a loved one safe. Based on over 150 interviews with doctors, nurses, hospital staff, family members. —Prevent deadly medical errors, medication mistakes, infectious diseases. —Reach doctors when you need them—every time. —Navigate the hospital with confidence. “As a psychologist who teaches college courses to nurses, this is one of the most valuable books I have come across.” Carol Hoyer, PhD, *Readers Views*. ISBN 978-0-9815240-0-9, \$19.95, 248 pp. Available from Ingram, Baker & Taylor, Brodart, AtlasBooks —

Published by Lemon Grove Press, LLC, 1158 26th St. Suite #502, Santa Monica, CA 90403, www.criticalconditions.com

2 MOM MINUS DAD
The Essential Resource Guide for Busy Adults with a Newly Widowed Parent



by Jamieson Haverkamp. Winner of 5 book awards including *Writer's Digest Magazine*, *Foreword Magazine*, Mom's Choice Awards, Indie Book Awards and Georgia Author of the Year Award Nominee, *Mom Minus Dad* is the only practical handbook available with advice on ten parent loss topics and 500+ resources including companies, U.S. government, books, and nonprofits for adult sons and daughters who lose a mother or father and need to assist their surviving parent. The author shares how she and her sister —both in their early thirties—found success and managed struggles after their 62-year-old father's unexpected death to cancer in 2001.

ISBN 978-1-934953-19-8, \$14.95, 307 pp. Available from Ingram, Quality Books, Lighting Source—Published by Blooming Women Press, 4355 Cobb Parkway, Ste J608, Atlanta, GA 30339-3896, www.momminusdad.com

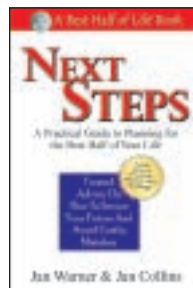
3 MR. RHYTHM
A Tribute to Frankie Laine



by Richard Grudens, foreword by Clint Eastwood. This book celebrates the life and times and sights and sounds of Frankie Laine: the trials, the rejections, the heartbreak, the hard work, and eventual victory, punctuated by all the complexities that make up the ubiquitous profession called show business. The foreword is written by one of America's greatest film stars, Academy Award winning actor and director, Clint Eastwood, an admirer and true friend of Frankie Laine: “I've got to thank Frankie Laine for his great music and the memorable moments of the days we worked together on the television show *Rawhide*, where I started.”—Clint Eastwood.

ISBN 978-0-9763877-6-3, \$29.95, 225 pp. Available from Baker & Taylor, Quality—Published by Celebrity Profiles Publishing, Box 344 Main St., Stony Brook, NY 11790-0344, www.richardgrudens.com

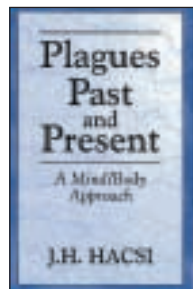
4 NEXT STEPS
A Practical Guide to Planning for the Best Half of Your Life



by Jan Warner and Jan Collins. Written for older Americans and their Baby Boomer children, *Next Steps: A Practical Guide to Planning for the Best Half of Your Life* is a practical and comprehensive guide that will help you build a strategy for coping with the unique legal, medical, financial and personal challenges of aging. Jan Warner and Jan Collins, America's trusted experts on later life planning and authors of the nationally syndicated column *NextSteps*, put decades of experience into helping you create a step-by-step plan to protect your assets, your family, your health and your personal autonomy in later life.

ISBN 978-1-884956-96-6, \$14.95, 258 pp. Available from IPG, Baker & Taylor, Ingram—Published by Linden Publishing Inc., 2006 S. Mary St., Fresno, CA 93721, QuillDriverBooks.com

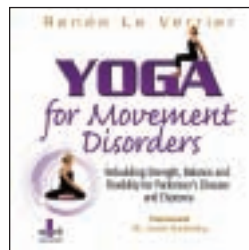
5 PLAGUES PAST AND PRESENT
A Mind/Body Approach



by J. H. Hacs. On our journey through life, the greater our understanding of what causes disease, the more power we have to keep ourselves healthy. This entertaining, groundbreaking book zeros in on past and present plagues to expose their secrets. It sets forth evidence to show how powerfully our thoughts and feelings can weaken—or strengthen—our immune systems. The book pinpoints the mind-sets that leave us vulnerable to the three forms of cancer—breast, prostate and lung—that claim the most lives. “*Plagues Past and Present* is a riveting read of psychology and disease.” *Midwest Book Review*, Five Stars.

ISBN 978-0-578-00266-8, \$14.00, 207 pp. Available from Baker & Taylor—Published by Champagne Press, 502 Cedar Crest Ave., Claremont, CA 91711,

6 YOGA FOR MOVEMENT DISORDERS
Rebuilding Strength, Balance and Flexibility for Parkinson's Disease and Dystonia



by Renee Le Verrier, Parkinson's disease patient and Certified Yoga Instructor. A daily guide to yoga practice designed for people with dystonia, muscle imbalance, rigidity, and spasms due to Parkinson's, stroke, multiple sclerosis and other conditions. It focuses on rebuilding strength and flexibility as well as physical and emotional balance. Part 1 prepares the reader for practicing yoga. Part 2 flows as a yoga class would, breathing exercises, modified poses, guided relaxation. Poses are of different levels, from seated to

standing, with step-by-step directions and easy-to-follow photos. The mind/body connection is woven throughout. LIM (Less Is More) Yoga, it tones and stretches gently, without exertion and with an emphasis on relaxation.

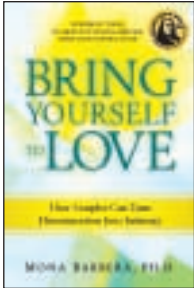
ISBN 978-1-873413-53-1, \$19.95, 120 pp. Available from Midpoint Book Services, Ingram, Baker & Taylor—Published by Merit Publishing International, 1095 Jupiter Park Dr. Ste 7, Jupiter, FL 33458-8973, www.meritpublishing.com

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1 BRING YOURSELF TO LOVE
How Couples Can Turn Disconnection into Intimacy



by Mona R. Barbera, Ph.D. This award-winning, readable, and practical book uses vivid examples and 11 exercises to help couples move from blaming/shaming/distancing to staying calm, connected and curious, even while feeling hurt or disappointed with each other. Partners learn that there is a lot they can do to change distance and discord into connection and fun even if the other one doesn't change. They'll understand that giving better back than they feel they are getting not only uplifts the relationship, but fosters their own serenity. Special chapter on feedback—why it is essential, and what partners must know before they give it.

ISBN 978-1 934787-03-8, \$16.95, 216 pp. Available from Ingram—Published by Dos Monos Press, 341 Broadway, Providence, RI 02909, www.monabarbera.com

2 CHARACTER
Friendship Basics (Video)



by Learning ZoneXpress. Navigating your way through changing friendships might seem daunting. Host Wes Halula and a group of students use humor and captivating visuals to talk about friendships. Discover how to make new friends, keep them, and end friendships in a positive way. Video Librarian gives *Friendship Basics* *** and Recommends— "...features very practical advice illustrated by a couple of teens..." *School Library Journal* "The program's positive message and simple delivery make it valuable, particularly for middle schoolers..." *The Midwest Book Review* "...an excellent addition to school and public library collections..."

ISBN 1-57175-751-1, \$49.95, 11 minute run time Available from Baker & Taylor, Follet/BWI, Midwest Tape—Published by Learning ZoneXpress, PO Box 1022, Owatonna, MN 55060, www.learningzonexpress.com

3 GETTING OVER IT!
Wisdom for Divorced Parents



by Len Stauffenger. Author Len Stauffenger, a divorced father of two, shares his personal experience, insight, and wisdom on creating healthy relationships with the kids and others while dealing with the fallout of divorce. For the newly divorced ...about to be divorced... or those still struggling with parenting long after the divorce, this guide offers practical, real-life guidelines on pushing past the pain and getting back to the critical goal of being the best, healthy parent possible. In straightforward, easy-to-digest language—the strategies and clarity they need to bring their "best selves" to the challenge of parenting after this life-altering, often painful, event.

ISBN 978-0-9796836-0-2, \$12.95, 173 pp. Available from Ingram—Published by Mackenzie Publishing, 460 White Pond Drive, Akron, OH 44320, www.WisdomForDivorcedParents.com

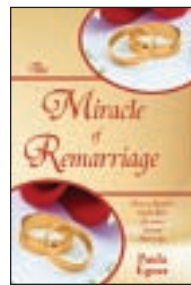
4 THE LITTLE BOOK ON RELATIONSHIP
How to Guide Your Life with Meaning, Purpose and Power



by John English. Problems in relationships arise from the way we see ourselves and others. *The Little Book on Relationship* details techniques for empowering relationships—a process John English has been developing for two decades. Through interacting with those around us, we discover who we truly are. The knowledge John presents from ancient wisdom teachings can help all of us make and keep our relationships more joyful and rewarding. *The Little Book's* application of spiritual concepts within relationships is practical and can be applied by anyone. This book gets right to the heart of healing all of our relationships.

ISBN 978-0-9727034-6-8, \$10.95, 144 pp. Available from Baker & Taylor, Partners West, DeVors—Published by DreamTime, LLC, 4715 E. Lone Cactus Dr., Phoenix, AZ 85050-6161, www.mydreamtimellc.com

5 THE MIRACLE OF REMARRIAGE



by Paula Egner. *The Miracle of Remarriage* offers a Biblical perspective on this union that blends not just two hearts but entire stepfamilies together. Written in easy-to-digest layman's vernacular, typical challenges of recoupling such as dealing with ex-spouses, stepparenting, extended family, and boundaries are addressed with Bible-based, common sense solutions. *The Miracle of Remarriage* and the scriptures found within it will equip Christian remarried couples for a fulfilling and successful relationship. They will learn to embrace their union with assurance that God's marriage covenant is, indeed, extended to remarriage.

ISBN 978-0-9752964-1-7, \$12.95, 144 pp. Available from Small Press United—Published by Aptly Spoken Press, 3081 Stage Run Drive, Hixson, TN 37343, www.miracleofremarriage.com

6 TEARS OF STONE AND MY DEAL WITH GOD



by Estherleon Schwartz. From German occupied France where the nuns hid her from the Nazis... to a narrow escape over the barbed wire fence at the Swiss border when her father cried to the heavens, "Save my daughter and she will always serve you."...to America at age 8 with an emotionally destructive mother...to single motherhood and welfare in a cockroach infested apartment at age 23... to an empire of clothing stores... to personal tragedy... and, finally, with relentless faith, to the fulfillment of her father's covenant and her search for meaning, healing and joy... Estherleon weaves the poetic, self-effacing tale of how she came to find her voice.

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